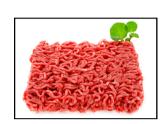


## Quick & Easy 30min Spaghetti Bolognese

## Serves a family of 6

















## **Ingredients**

1 kg spaghetti noodles
1 bottle Passata tomato sauce
1 kg minced beef
1 cup grated carrots
1 onion, diced
1 tsp garlic, minced
1 cup cooking cream
1 tsp beef stock powder
2 cups grated cheese

## **Method**

- 1. Saute onion and garlic, then add the minced beef.
- 2. When beef is almost cooked, add the grated carrots and tomato sauce.
- 3. Pour in the cooking cream and let it simmer for 15 minutes.
- 4. Garnish with cheese.



